

## ***Judy Pigott, Co-Author, Personal Safety Nets®***



Judy Pigott is noted in the Northwest for her experiences in teaching, facilitating and mediating, parenting, volunteering and advocating for communities. After receiving a Master's degree in education from Columbia University, and an undergraduate degree in Psychology from Skidmore College, Ms. Pigott received a Post-Master's degree in English as a Second Language from Seattle University. Additionally, she has participated in ongoing trainings for hospice work, facilitation and mediation methodology, team participation and race relations.

Ms. Pigott has a wealth of experiences with an extended, blended, and chosen family which provides strong background when she speaks with and leads local and regional organizations, helping them set up personal safety nets or create care-share teams. She has experience in a variety of classrooms and with a wide range of student and adult populations assisting them with finding and connecting resources and solutions to individual and group needs.

Ms. Pigott is the author of two books. She has served on non-profit boards as a trustee, committee chair, board chair and consultant. She has worked in classrooms, offices, and a hospital. Her travels have taken her to five continents. To her delight, she has been a parent, foster parent and an adoptive parent. She is committed to celebrating and supporting communities that nurture the physical, intellectual, emotional and spiritual needs of its participants.

Currently, she resides in Seattle, Washington.

*For more information or to arrange an interview, please contact Linda at 206-659-0665 or [Linda@PersonalSafetyNets.com](mailto:Linda@PersonalSafetyNets.com)*